



Caia Park Partnership  
Partneriaeth Parc Caia

## NEWSLETTER

EDITION FIFTY-THREE- PUMDEG TRI  
PARTNERSHIP NEWS/ NEWYDDION PARTNERIAETH  
SUMMER EDITION/RHIFEN YR HAF 2022

### Children's University

The Caia Park Youth Forum graduated from the Children's University, huge congratulations to all the young people for their hard work achieving the goal of 30 hours plus of activities with Caia Park Youth Forum. The young people attended a graduation ceremony at the Glyndwr University and had a amazing time celebrating. Well done all!

The Youth Forum meets every Friday in the Hub at 3:30pm-6pm for more information please contact Alice Williams on 01978 310984 or email [Alice.Williams@caiapark.org](mailto:Alice.Williams@caiapark.org)



## ACL- Outside Living

 Caia Park Partnership  
Partneriaeth Parc Caia

Be inspired by British wildlife in our

# Animal Art Workshop

Paint a colourful patterned fox

Make a 3D Beetle

Paint Butterfly puppets and flowers

Create a Red Squirrel mask



And so much more!

Bring out the artist in your child

Learn about creatures great and small

Friday afternoons 1.00 - 2.45pm for 6 weeks

From 22 July to 9 September

Caia Park Partnership  
Prince Charles Road  
Wrexham LL13 8TH

Places are limited  
Contact  
[alex.greene@caiapark.org](mailto:alex.greene@caiapark.org)  
to book your place NOW



 Treddeforddwrh Sgwrsoddi  
GLANNAU DYFRDWR  
DEESDAE Community Trust



 DCO English-Indigenous Centre  
North East Wales ACL

Bring out the artist in your child, and teach them about the inspirational British wildlife in our own back yard!

The Animal Art Workshops are a great opportunity to learn about the animals that share our world.

Activities include painting a colourful patterned fox, and puppets of butterflies as well as flowers. Create a red squirrel mask with fluffy ears, or build a 3D beetle.

The Workshops are held every Friday afternoon, 1pm-2:45pm for 6 weeks, at Caia Park Partnership, Prince Charles Road, LL13 8TH. Places are limited. Contact [alex.greene@caiapark.org](mailto:alex.greene@caiapark.org) to book your place now!

## Mind - Activities

### Meditation and Mindfulness

Join us for our weekly Meditation and Mindfulness session with Grace Lockhart.

This is an informal, relaxed session with no prior experience needed.

Why not come along and improve your wellbeing?



When – Every Monday 4.30 – 5.30pm

Where – Caia Park Partnership, Prince Charles Road, Wrexham, LL13 8TH

For more information please contact [enquiries@newmind.org.uk](mailto:enquiries@newmind.org.uk) or call 01352 974430

**\*\*These sessions are free to attend\*\***



Young Peoples Drop in age 11-18 Years and Parents/Guardians welcome.

#### **Dates/Time:**

1pm-3pm every Tuesday, Starting the 29<sup>th</sup> July for 6 weeks

Drop-in on Mondays 1pm-3pm in the Hub. Feel Free to drop in through the session. Come and join us for a relaxed session where we get together with a brew and a chat about life in general.

**Location:** Caia Park Partnership, Prince Charles Road, Wrexham, LL13 8TH.

**Contact:** [Enquiries@newmind.org.uk](mailto:Enquiries@newmind.org.uk) or call 01352974430



Caia Park Partnership, Prince Charles Road, Wrexham, LL13 8TH

Tel: 01978 310984 E-mail: [Reception@caiapark.org](mailto:Reception@caiapark.org)

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